

CHIPPING AND PITCHING EXERCISE

Brush and Balance

Skill:
Category:

Chipping
Action/Control

To encourage the pupil to achieve solid contact and get the ball into the air.

Encourage the pupil to use their hand-eye co-ordination to 'brush' the ground. This encourages the correct contact, hitting the bottom of the ball. Pupil should 'count to two' at the end of the swing to monitor balance and control.

