

# LONG GAME EXERCISE

## Through the Gate

Skill:  
Category:

Long Game  
Control

**To encourage the pupil to develop central club face contact.**

Place one or two tees either side of the object tee or ball to create a 'gate' for the club to swing through at impact. Start with a fairly wide gate, gradually narrowing as the pupil improves their skill. A similar drill is achieved with just one tee on the outside of the ball.

