

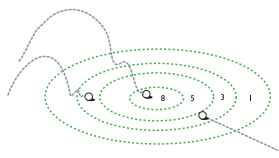
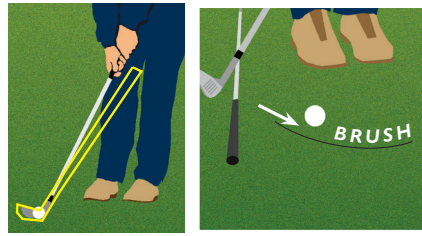
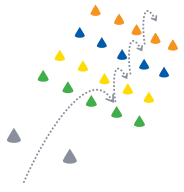
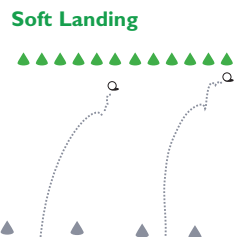
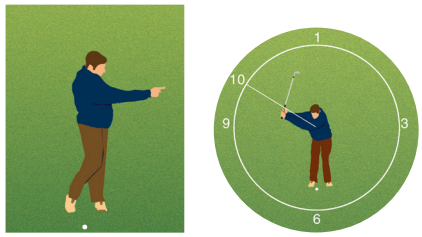
START LEVEL 2 – SESSION 2

START

	GOLFER'S CODE	PUTTING	SHORT GAME	LONG GAME	PLAYING
LEVEL 2	<ul style="list-style-type: none"> Demonstrate knowledge of rules and etiquette relating to the green Show an understanding of how to mark a scorecard 	<ul style="list-style-type: none"> Demonstrate distance control Complete 3 putting 'holes' in 7 shots or better 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Demonstrate set-up for pitching <input checked="" type="checkbox"/> Hit 3/5 pitch shots onto a 'green' 	<ul style="list-style-type: none"> <input type="checkbox"/> Demonstrate correct stance and posture for the swing <input type="checkbox"/> Hit 3/5 shots 30+ yards in the air onto a 'fairway' 	<ul style="list-style-type: none"> <input type="checkbox"/> Play 3 par-3 'holes' <input type="checkbox"/> Play 3 par-3 'holes' in 18 shots or better

SESSION PLAN

Activity	Game / Exercise	Approx Timings	Key Information
Warm Up		5 mins	A simple, fun warm up
Session Goals		2 mins	Set ground rules for safety, Goals from JGP
Game	Bullseye	7 mins	Set target as an imaginary green, explain the difference between chipping and pitching. Use underarm throwing to explain.
Exercise	Lean and Drop, Brush and Balance	7 mins	Use exercise to recap learning from chipping about set-up and contact
Game	Jockeys Revenge	7 mins	Use game to explore pitching the ball different distances
Exercise	Turn and Point, Clock Swings	7 mins	Use questioning to draw out key learning of different length swings for different length shots
Game	Soft Landing	7 mins	Use game to recap learning and encourage higher flight through good technique
Recap Learning		3 mins	Question pupils on what they have learnt from today's session and what they need to practice before the next session
		45 mins	

<p>Game 1 Bullseye</p> 	<p>Exercise 1 Lean and Drop Brush and Balance</p> 
<p>Game 2 Jockeys Revenge</p>  <p>Soft Landing</p> 	<p>Exercise 2 Turn and Point Clock Swings</p> 

Coaches notes

What went well?	What could be improved?
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